

5 Year Outcomes

Data collected January 1st, 2016 through January 1st 2021

Sunrise uses feedback-informed treatment to ensure that not only each student's mental health and academic achievements improve, but the entire family system finds healing. Through the course of treatment, and for two years after she graduates, we are collecting data specific to each student because we believe success is measured by how effective she will be when she returns home.



52%
report clinical depression
at admission.

89%*
no longer report clinical
depression at discharge.

9 Out of 10

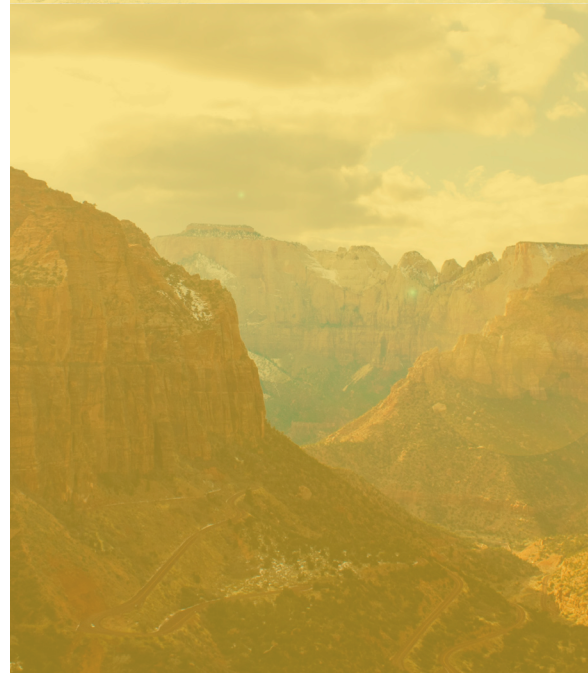
Students Who No Longer Struggle With Self Harm



54%
struggle with
self harm at
admission

99%*
at no longer
self harm at
discharge

97%*
no longer self
harm 2 years
after discharge



6 months

after admission our students report **significant improvements** in impulse control difficulties, emotional awareness, and the ability to utilize emotion regulation strategies.



38%
struggle with suicidal thoughts at admission.

95%
no longer struggle with suicidal thoughts at discharge.



33%
at admission struggle to build healthy relationships at admission.

93%*
reported enjoying healthy relationships with family and friends at discharge.



46%
struggle to have control over thoughts and behaviors at admission.

89%*
report having control over their thoughts and behaviors at discharge.



97%*

Even though many students come to Sunrise years behind in school, **96.9%* leave on track to graduate high school on time.**

80.6%*

of students report achieving overall family health (good communication, holding boundaries, healthy relationships) at discharge.

* Percentages marked with asterisks indicate that only those who successfully completed the program were analyzed.